



# Women's Health Services

## Overview

Sun River Health helps women of all ages stay healthy through preventive care and comprehensive treatment, offering a range of health care and nutritional services for women and their families during the antepartum and postpartum periods. Through our women's health services, we reach 17,000 patients through 50,000 visits, and deliver over 3,200 babies annually. Paired with Sun River Health's pediatric practice and family medicine, we are able to serve whole families in a single visit.

Unfortunately, significant disparities continue to exist in New York State and nationally related to maternal mortality and morbidity. Substandard maternal health outcomes disproportionately affect women of color, and black women in New York City are 12 times more likely to die of complications related to pregnancy as compared to white women. As a community health center located in some of the most vulnerable communities in New York state, Sun River Health serves all patients regardless of ability to pay and offers vital antepartum, intrapartum, and postpartum care, as well as ongoing women's health services throughout the life of many women who would otherwise lack access to such services.

## Our Work

- + Screen all women's health patients for health, behavioral, and social needs upon intake, and regularly thereafter
- + Embed evidence-based practice within our health centers so that at-risk pregnancy circumstances can be diagnosed and treated in collaboration with an academic medical center early on
- + Offer Medication Assisted Treatment (MAT) in coordination with OBGYN services for pregnant women with substance use disorders as well as depression care management, leveraging telemedicine capabilities to reach more rural communities
- + Partner with county-based nurse services and visiting nurse services to reach women who fail to show up for appointments, or who are facing social challenges; can offer nutritional counseling, diabetes management services, and progesterone shots to reduce risk of preterm birth
- + Collaborate with Northwell Health to cultivate breastfeeding friendly practices at our Brentwood, Wyandanch, and Southampton sites
- + Offer a midwifery model of care at many of our Hudson Valley and Long Island sites. Women can choose to see Certified (Nurse) Midwives for prenatal care, delivery, and postpartum care. At our flagship Peekskill, NY site, the vast majority of prenatal care is delivered by midwives and deliveries are with midwives in collaboration with OBGYNs. The midwifery model of care, both nationally and at Sun River Health, has proven to be a cost-effective model and one that improves health care outcomes such as pre-term deliveries, cesarean section rates, and more

## About Sun River Health

Founded over 40 years ago as a Federally Qualified Health Center (FQHC), Sun River Health is one of the nation's largest community health providers. The Sun River Health network of 43 health centers throughout the Hudson Valley, New York City, and Long Island provides affordable, accessible care to over 225,000 patients annually. The network's exceptional primary care practitioners, specialists, and support staff have made Sun River Health a destination for convenient, high-quality care for all. In 2018, Brightpoint Health, an FQHC network with sites in all five boroughs of New York City, joined Sun River Health.